



## ● SKIPPER :

### ROMAIN ROSSI

40 YEARS OLD - ENTREPRENEUR - LILLE



#### TRACK RECORD IN BRIEF

- 12<sup>th</sup> Normandy Channel Race 2020
- 11<sup>th</sup> Normandy Channel Race 2018
- Route du Rhum 2018
- 4<sup>th</sup> Armen Race 2018
- 23<sup>rd</sup> Drheam Cup 2018

3<sup>rd</sup> participation in the CIC Normandy Channel Race

## ● CO-SKIPPER:

### REMY HURDIEL

43 YEARS OLD - SENIOR LECTURER AT THE UNIVERSITY - DUNKERQUE



#### TRACK RECORD IN BRIEF

- 5<sup>th</sup> French Monotype Championships 2019
- 11<sup>th</sup> J80 World Championship 2017
- 6<sup>th</sup> J80 World Championship 2015

1<sup>st</sup> participation in the CIC Normandy Channel Race

## ● SKIPPER'S MOTIVATION

*Sleep on board racing boats is a fascinating subject, but one that remains a mystery. Romain Rossi and Rémy Hurdiel, lecturer in sports science, specialized for 15 years in the study of sleep in extreme conditions, will take advantage of this NORMANDY CHANNEL RACE to initiate their scientific study of sleep, fatigue and stress. With the ambition to share their experience with as many people as possible.*

● 131

**TYPE:** AKILARIA RC3  
**NAVAL ARCHITECT:** MARC LOMBARD  
**SHIPYARD:** HACO  
**YEAR:** 2013

