



NORMANDY CHANNEL RACE Amendment to the NOR Add Covid information-UPDATE May 13th 2022 Should the regulations change, an information shall be posted

Depending on the evolution of the health crisis, the Organizing Authority may modify the conditions of registration and / or eligibility.

1- Physical distance measures and recommendations:

- All participants in the *Normandy Channel Race*, whether they are organizers, officials, competitors, or support persons should be in possession of masks and a personal bottle of hydroalcoholic gel, from arrival on the competition site to departure, both ashore and on the water. The use of the mask shall respect the requirements defined by the public authorities which can be summarized here:
 - o A mask is not necessary when outside
 - o a mask is necessary in public transport and inside hospitals, laboratories, and doctors' offices
 - o A mask is recommended when inside buildings when the social distancing is not possible
- The grouping of persons shall respect the requirements defined by the public authorities as well as barrier gestures which are summarized here:
 - o Physical distance measures of about 1 meter
 - o Washing hands regularly with hydroalcoholic gel
- Reasonable actions by the Organizing Authority to implement COVID-19 guidelines, protocols or legislation, even if they later prove to be unnecessary, are not incorrect actions or omissions and shall not be grounds for redress (this changes RRS 60.1(b)).

2. COVID referent and crisis unit in case of suspicion of infection:

a- COVID Referent:

The COVID referent will be Christophe Gaumont:

Christophe Gaumont

Tel: +33 6 60048102

b- COVID committee in case of suspicion of infection:

- The COVID committee shall be composed of:
 - o Representative of the OA : Manfred Ramspacher or his representative
 - o Chairman of the Jury : Romain Gautier or his representative
 - o Any competent person who may be needed to assist this committee
- **Operation:**

This committee will follow the recommendations issued by the Ministry of Sports and the French Sailing Federation (FFVoile).
This committee must be informed of any suspicion of COVID before, during and after the event.
It will deal with any COVID suspicion and decide the measures to be taken in such a case. Any

decision of the COVID committee is final and must be respected, in accordance with this appendix and the articles of the Notice of race and the sailing instructions that deal with the COVID 19 health crisis.

3. Considering the Covid19 Risk by participants:

By registering for ***Normandy Channel Race*** any competitor, as well as his support persons, certify to have knowledge of the risk of Covid-19, and having considered it.

Each competitor and support persons are therefore perfectly aware that:

- hygiene and physical distancing measures, known as "barrier gestures", are to be observed at any place and at any time, as well as additional provisions issued by the Ministry of Sports, and undertakes to respect them,
- there is risk of infection accentuated by the proximity of another person, when sailing on a crewed or paired sailboat, or any other situation of proximity of less than one metre, without adequate reinforced protection,
- despite the implementation of reinforced means of protection, practice may expose a competitor to a health risk, in particular infection by Covid-19,
- despite the measures taken and followed, the Organizing Authority cannot guarantee total protection against exposure to, and infection with, Covid-19. It releases the Organizing Authority from any responsibility in the event of infection.
- all these measures aim at preserving the health and physical abilities of the competitors, accompanying persons and members of the Organizing Authority participating in the competition.
- Any positive Covid participant must withdraw from the competition. Any person who is declared as a presumptive case must be tested in accordance with the government protocol.

4. Suspected case of COVID-19:

A competitor, showing symptoms related to Covid 19, must be tested as soon as possible (please see below Test Center hours). If this test is positive, he shall immediately retire from the race/competition and comply with the directives of the health authorities. If he fails to do so, the jury may also open a hearing according to RRS 69.

Any volunteer, race official, support person involved directly or indirectly in the organisation of the competition, showing symptoms related to Covid 19, must be tested as soon as possible. In case of positive result to COVID19, this person shall immediately isolate himself in accordance with the recommendations of health authorities

5. COVID-19 Test Center

Available in Caen, please contact the OA

If the PCR test is also positive, the person concerned by this test shall self-isolate for 7 jours starting with the date of the positive antigen test. There is an option to do a antigen test on the 5th day of isolation and if negative, the self-isolation requirement is lifted. The cost of any test shall be paid by the person being tested.